

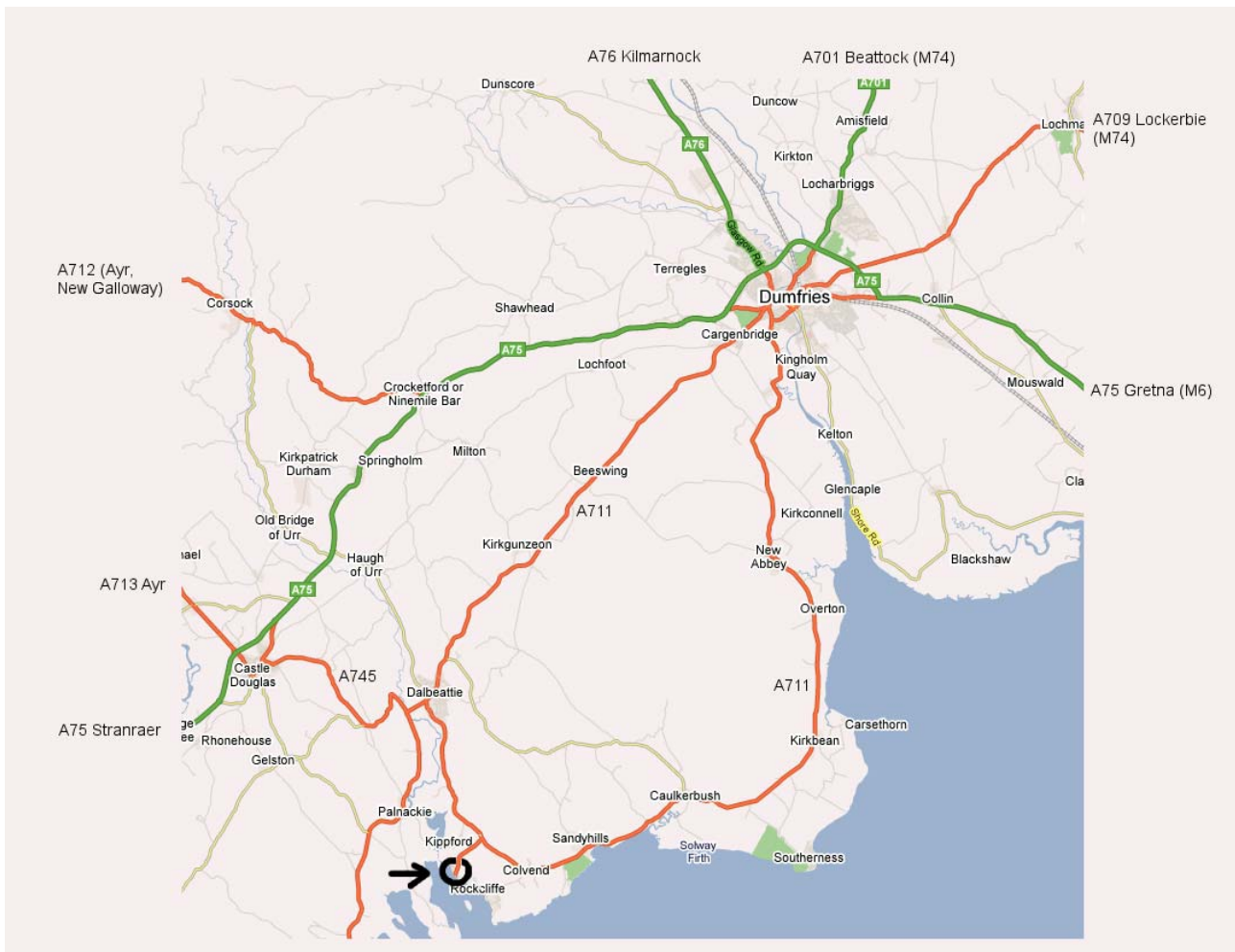


THE SOLWAY YACHT CLUB CADET WEEK 2009 – NOTICE OF RACE

The Clubhouse, Kippford, Dalbeattie, Kirkcudbrightshire DG5 4LL Tel: 01556 620 312

Monday 20th July to Friday 24th July 2009
(Principal Race Officer – as indicated at briefing)

The Organising Authority is the Solway Yacht Club, located in the attractive Galloway village of Kippford, 1 mile off the A711, 18 miles south west of Dumfries. The clubhouse and pier/dinghy park are located at the bottom of the hill on entering the village and are very prominent. There is ample dinghy and car parking/trailer space. In 2001 the club gained RYA/Volvo Champion Club Status.



Races will be held in the tidal Urr estuary and adjacent sea area of the Solway Firth using Committee boat starts and finishes. Two back to back races will be held each day, weather permitting.

CADET WEEK 2009

Monday 20th July 2008 to Friday 24th July 2008

The Organising Authority is the Solway Yacht Club, Kippford.
The Principal Race Officer for the Series will be indicated at the briefing .

RULES

Racing will be governed by the Racing Rules of Sailing 2009 - 2012, the prescriptions of the RYA, the appropriate Class Rules and such other rules as the Sailing Instructions for the event may prescribe.

ENTRIES

The event is for **HCP3 (Mirror class PY and above), HCP2(Topper class PY and above) and Laser Radial Classes** and a **HCP1 Class**.

- **All competitors, including crews, in the HCP3 and HCP2 classes must be under 18 years of age on 20th July 2009. Competitors in Laser Radial and Handicap Cadet classes must be under 18 years of age on 20th July 2009 and Youth classes (Laser Radial and HCP1) under 21 years of age on 20th July 2008. Competitors over 18 but under 21 years of age on 20th July 2009 sailing Mirrors or Toppers can enter the HCP1 Class."**
- **All helmsmen must be either members of SYC or any other RYA affiliated club or personal members of the RYA. You will be asked to provide the contact details for your club's Sailing Secretary.**
- **Regrettably for legal and insurance reasons it will not be possible to accept entries from those under the age of 18 who are not under the supervision of a parent or guardian whilst at Kippford.**

ENTRY FEES

Entry fee for the series is £50.00 payable by Saturday 19th July. Deduct £10.00 if the series fee is **received** by 30th June. Any fees received after this date with the discount will be held for full payment.

REGISTRATION

Competitors must be registered with the Sailing Secretary by the Cadet Week briefing.

SCORING SYSTEM

If possible, two races will be sailed each day. Scoring will be in accordance with current SYC Standard Sailing Instructions.

SAILING INSTRUCTIONS

Races will be sailed in accordance with current SYC Standard Sailing Instructions; these will be available at the race briefing. Any alterations or additions will be posted on the Club Notice Board as formal Notices to Competitors.

MEASUREMENTS

Boats unable to present current Class Measurement Certificates may be scrutinised and tested for buoyancy and mandatory equipment.

COURSES

Courses will be set in the Urr estuary and adjacent sea area. Committee Boat Starts and Finishes will normally be used. Courses will be displayed on a board on the Committee Boat.

CADET WEEK 2009

SCHEDULE

Warning signal time of first race of the day.

| | | | | |
|------------------|-------------|-------------|--|-------------------------|
| Sunday | 19th | July | 1800 Race Briefing and Coffee Evening | |
| Monday | 20th | July | 0915 | Cadet Week Day 1 |
| Tuesday | 21st | July | 1015 | Cadet Week Day 2 |
| Wednesday | 22nd | July | 1100 | Cadet Week Day 3 |
| Thursday | 23rd | July | 1200 | Cadet Week Day 4 |
| Friday | 24th | July | 1245 | Cadet Week Day 5 |
| “ | 24th | July | 1800 Cadet Week Prize Giving | |

SUPPORT AND SAFETY BOATS

SYC support and safety boats will be identified at the Race Briefing.

RADIO COMMUNICATION

A boat shall neither make radio transmission while racing nor receive radio communications not available to other boats. This restriction also applies to mobile phones.

PRIZES

Details of the Prize Giving Ceremony on Friday 24th July will be promulgated during the week.

DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk (RRS Rule 4 Decision to Race). The organising authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during or after the regatta.

INSURANCE

Each participating boat shall be insured with valid third party liability insurance with a minimum cover of £3,000,000.

SOCIAL PROGRAMME

There will be a wide and varied social programme. Details will be available at the Race Series Briefing in the Clubhouse on Sunday 19th July 2009.

Please send completed entries on the attached form to:

The Sailing Secretary, The SYC, The Clubhouse, Kippford, Dalbeattie, DG5 4LL.

Email address: sailsec@thesyc.com

CADET WEEK 2009



THE SOLWAY YACHT CLUB CADET WEEK 2009 – ENTRY FORM

The Clubhouse, Kippford, Dalbeattie, Kirkcudbrightshire DG5 4LL Tel: 01556 620 312

| | | | | | |
|-------------------------------|-------------------------------|-------------|----------------------|------------------------|----------------------|
| Boat Name | <input type="text"/> | Sail Number | <input type="text"/> | Class | <input type="text"/> |
| Helm Name | <input type="text"/> | | Date of Birth | <input type="text"/> | |
| Address | <input type="text"/> | | Club | <input type="text"/> | |
| | | | RYA member | <input type="text"/> | |
| Email Address | <input type="text"/> | | | | |
| Crew Name | <input type="text"/> | | Date of Birth | <input type="text"/> | |
| Insurance Company Policy No | <input type="text"/> | | | | |
| Special Medical Circumstances | <input type="text"/> | | | | |
| Entry Fees (per boat) | As outlined in Notice of Race | | | £ <input type="text"/> | |
| | Total Fee Enclosed | | | £ <input type="text"/> | |

I AGREE TO BE BOUND BY THE RACING RULES OF SAILING (RRS) AND ACCEPT THE FOLLOWING RYA PRESCRIPTIONS AND ADDENDUM COVERING THE ORGANISED SOCIAL PROGRAMME.

ADDENDUM A (RYA)

The safety of a boat and her entire management including insurance shall be the sole responsibility of the owner/person in charge who must ensure that the boat and crew are adequate to face the conditions that may arise in the course of the race. Neither these sailing instructions nor any inspection of the boat limits or reduces the absolute responsibility of the owner/person in charge for the crew, the boat and her management. The race organisers shall not be responsible for any loss, damage, death, or personal injury howsoever caused to the owner/person in charge or crew, as a result of their taking part in the race or races. Moreover, every owner/person in charge warrants the suitability of the boat for the race or races.

ADDENDUM - SOCIAL PROGRAMME

The race organisers shall not be responsible for any loss, damage, death or personal injury, howsoever caused, to individuals participating in the organised social programme.

| | | | |
|---------------|----------------------|---------------|----------------------|
| Signed (helm) | <input type="text"/> | Signed Parent | <input type="text"/> |
| Signed (crew) | <input type="text"/> | Signed Parent | <input type="text"/> |

Please send completed entries to:
The Sailing Secretary, The SYC, The Clubhouse, Kippford, Dalbeattie, DG5 4LL.

Email address: sailsec@thesyc.com

CADET WEEK 2009



**THE SOLWAY YACHT CLUB
CADET WEEK 2009**

PARENTAL / GUARDIAN CONSENT FORM

The Clubhouse, Kippford, Dalbeattie, Kirkcudbrightshire DG5 4LL Tel: 01556 620 312

I, the parent / guardian* of:

.....

give permission to the coaches participating in activities during the period...

..... (date of event)

to administer any relevant treatment or medication to the named participant, when / if necessary. I shall inform the organising body of any known conditions and medication requirements.

In addition, if the case arises, I authorise the members of staff to take my son / daughter to hospital and give full permission for any treatment required to be carried out in accordance with the hospital's diagnosis. I understand that I shall be notified, as soon as possible, of the hospital visit and any treatment given by the hospital.

Parent / Guardian's* consent:

..... (signature)

Name: (please print)

Relationship to participant:

(*delete as applicable)



**THE SOLWAY YACHT CLUB
CADET WEEK 2009
MEDICAL FORM**

The Clubhouse, Kippford, Dalbeattie, Kirkcudbrightshire DG5 4LL Tel: 01556 620 312

Name:

Course / Venue:

Date(s):

Date of Birth: Age:.....

Male Female

Home Address:

.....

Postcode:

Tel: (home) (work).....

(mobile).....

Local Address: (if different from above)

.....

Tel:

Name and address of next of kin (to be contacted only in the case of an emergency)

.....

.....

Tel: (home) (work)..... (mobile).....

| | | |
|---|---|----------|
| Have you had any of the following: | Asthma or bronchitis | yes / no |
| | Heart condition | yes / no |
| | Fits, fainting or blackouts | yes / no |
| | Severe headaches | yes / no |
| | Diabetes | yes / no |
| | Allergies to any known medicine | yes / no |
| | Any other allergies, eg material, food | yes / no |
| | Other illnesses or disability | yes / no |
| | Travel sickness | yes / no |
| | Regular medication | yes / no |
| | Are you receiving any medication for any condition? | yes / no |
| | Are you suffering from any injury? | yes / no |
| If the answer to any of these questions is "yes", please give details: | | |
| It is your responsibility to make known any potential medical conditions that may affect your own personal safety during the activities associated with the course / event. | | |

Declaration

I consider myself physically fit to take part in the course and can swim 50 metres in light clothing with a buoyancy aid.

Signed:

Date:



**THE SOLWAY YACHT CLUB
CADET WEEK 2009**

**VOLUNTEER FORM - Catering, Bar &
Related Volunteer Help**

The Clubhouse, Kippford, Dalbeattie, Kirkcudbrightshire DG5 4LL Tel: 01556 620 312

In past years volunteers have run Cadet Week and this year will be no exception. We are always grateful to those who volunteer their services during Cadet Week. Below is a table of jobs that you may wish to consider helping with. Please note that rescue boat teams will, wherever possible, be made up of qualified drivers and crewed by persons working towards a driver's qualification and/or attended the SYC training days and/or have a first aid certificate. Therefore, when completing the table please enter qualification or training.

The bar will be open after racing and will need to be tended.

There is a table of duties below. Please fill in the table with your initials.
If you have a preference for the day that you wish to help,

PRINT HERE

If you do not have a preference, we will allocate a day and time to you, which will appear on the Master Duty Sheet on the kitchen door. If this turns out to be unsuitable, please arrange to swap with someone who is on the list for another day / time.

| Job | Volunteer 1 | Volunteer 2 |
|---|--------------------|--------------------|
| I will help with the bar | | |
| I will help with food preparation during racing | | |
| I will help in the kitchen after racing | | |
| I don't mind what I do | | |
| I will help with safety boats | | |
| I will help with launching and recovery | | |

Please print your name(s) and (if you agree) give us your mobile no.

1.

2.